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CANTO A LOS NIÑOS



WELCOME TO **HEAD START**

HELP YOUR CHILD SUCCEED IN SCHOOL:

Build the Habit of Good Attendance Early

School success goes hand in hand with good attendance! DID YOU KNOW?

- Starting in kindergarten, too many absences can cause children to fall behind in school.
 - Missing 10 percent (or about 18 days) can make it harder to learn to read.
 - Students can still fall behind if they miss just a day or two days every few weeks.
- Being late to school may lead to poor attendance.
- Absences can affect the whole classroom if the teacher has to slow down learning to help children catch up. Attending school regularly helps children feel better about school—and themselves.

Start building this habit in preschool so they learn right away that going to school on time, every day is important. Good attendance will help children do well in high school, college, and at work.

For more information visit: http://awareness.attendanceworks.org/wp-content/uploads/Attendance ESP1PG English 062614.pdf





Like us and follow us on



Nueces County Community Action Agency is on Facebook!!! 4

To stay informed about upcoming events, important information about Head Start, volunteer opportunities, community resources, etc.

Follow us and "like" our page. invite your friends to "like" us.

want to hear from you.



Fathers Actively Involved Through Head Start F.A.I.T.H.

Be one of our F.A.I.T.H.ful dads! Our male involvement program was created to provide a support system and engagement opportunities to all father-figures. We welcome all dads, grandpas, uncles, stepdads, big brothers, etc.

They make a BIG difference in the children's lives.



NUECES COUNTY COMMUNITY ACTION AGENCY

101 South Padre Island Drive Corpus Christi, TX 78405 Phone: 361-883-7201 Fax: 361-883-9173 www.nccaatx.org

IMPORTANT NOTICE.

In case of Center Lockdown due to Chemical or Biohazard Alert, doors will not be opened until an All-Clear has been issued by **I** proper authorities.

**Centers can also be Lockdown in the event of violence or crime activity nearby the facilities.

10 Things Strong Families Can Do To RAISE RESPONSIBLE CHILDREN

- Give each child specific responsibilities
- Ask your children to pitch in in small ways everyday
- Set expectation for room to be kept up at some level
- Expect a certain level of care for their toys and
- Model responsible behavior to them regularly
- Talk about being responsible as a character trait not just an action
- Praise them but don't reward them
- Build an environment where it is easier to be responsible
- Allow for natural consequences

http://www.strongfathers.org/10thingsthismonth

Mission Statement:

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NCCAA works with partners to apply comprehensive strategies to eliminate the causes of poverty for people of Nucces County

Declaración de nuestra Misión:

NCCAA trabaja en colaboración con otras agencias en la comunidad para implementar estrategias y eliminar las causas de pobreza entre la población del Condado Nueces.

FAMILY ENGAGEMENT AND SCHOOL READINESS OPEN DOOR POLICY

Head Start encourages parents and families to become involved in their children's education, both in and out of the classroom.

All NCCAA Birth-to-Five Head Start standalone centers/classrooms have an open door policy. This means parents are welcome to drop by and spend time with their child at any time.

The program also teaches parents how to create a learning environment at home in an effort to support classroom learning.



Opportunities to become involved in our ISD's Collaborative Sites may vary depending on the location.

For detailed information on NCCAA Operational Policies visit: https://docs.wixstatic.com/

PEDESTRIAN SAFETY: DO'S AND DON'TS

To ensure that your child remains safe when outdoors, read and follow these simple Pedestrian Safety tips. These tips help by teaching your child the rules right from the start.

Teach your children:

- 1. Do not cross the street alone if you're younger than 10 years old.
- 2. Do stop at the curb before crossing the street.
- 3. Don't run across the street, walk.
- 4. Do cross at corners, using traffic signals and crosswalks.
- 5. Do look left, right, and left again before crossing.
- 6. Do walk facing traffic.
- 7. Do make sure drivers see you before crossing in front of them.
- 8. Do not play in driveways, streets, parking lots or unfenced yards.
- 9. Do wear white clothing or reflectors when walking at night.
- 10.Do cross at least 10 feet in front of a school bus.



For more information visit: http://www.usa.safekids.org/



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MENTAL HEALTH

What is mental health?

Mental health means that young children are growing in their ability to:

- ✓ understand and share feelings
- ✓ have close and positive relationships
- ✓ and learn

Why Is It Important?

Having Positive Mental Health Makes It Easier for Children to:

- Have close relationships with family and friends
- ♦ Do well in school
- ♦ Learn new things
- ♦ Solve tough problems
- ♦ Develop patience (or not give up)
- ♦ Focus on a task
- ♦ Ask for help

When Young Children Are Worried, Sad, or Angry, It Can Be Hard To:

- ♦ Follow directions
- ♦ Express feelings or wishes
- ♦ Follow simple directions
- ♦ Do well in school
- ♦ Pay attention in class
- ♦ Solve problems in positive ways

For more information on things you can do to help your child visit:

https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/mental-health-family-tips.pdf

NCCAA's Community Services

NCCAA's Community Services Department offers a variety of programs, such as, Weatherization, Utility Assistance, Housing and Information and Referral. For more information on these programs please call our offices:

- Corpus Christi
 - Community Action Service Center 361-882-4193
- ♦ Robstown

NCCAA Rural Service Center 361-387-1527



