

April 2019

Calendar of Events

- 4/11 Parent Engagement Mini- Conference
- 4/8-12 Week of the Young Child
- 4/10 Early release at noon for non- collaboration Centers
- 4/15-19 TM Intersession
- 4/16 Policy Council
- 4/18 Disability/MH Support Group
- 4/19 Agency Holiday- Good Friday
- 4/22-26 Earth Week
- 4/22 Agency Holiday- Easter Monday
- 4/23 Marcha de las Escobas
- 4/25 Board of Directors
- 4/26 Child Abuse Awareness Superhero Parade

IMPORTANT NOTICE:

In case of Center Lockdown due to Chemical or Biohazard Alert, **doors will not be opened** until an All-Clear has been issued by proper authorities.

****Centers can also be on Lockdown in the event of violence or criminal**

TELL EVERYONE

NUECES COUNTY
COMMUNITY ACTION
AGENCY

ACCEPTING
APPLICATIONS

FOR ENROLLMENT
CALL (361) 880-4141

NUECES COUNTY COMMUNITY
ACTION AGENCY
101 South Padre Island Drive
Corpus Christi, TX 78405
Phone: 361-883-7201
Fax: 361-883-9173

Welcome

CHILD ABUSE PREVENTION MONTH

Keeping Your Family Strong

Every family has strengths, and every family faces challenges. When you are under stress—the car breaks down, you or your partner lose a job, your child’s behavior is difficult, or even when the family is experiencing a positive change, such as moving into a new home—sometimes it takes a little extra help to get through the day.

Protective factors are the strengths and resources that families draw on when life gets difficult. Building on these strengths is a proven way to keep the family strong and enhance child well-being. This tip sheet describes six key protective factors and some simple ways you can build these factors in your own family.

Protective Factors and What They Means:

Nurturing and Attachment: Our family shows how much we love each other

Knowledge of Parenting and Child Development: I know parenting is part natural and part learned. I am always learning new things about raising children and what they can do at different ages

Parental Resilience: I have courage during stress and the ability to bounce back from challenges.

To learn more about other protective factors and what you can do to keep your family strong, visit: https://www.childwelfare.gov/pubPDFs/strong_ts_2019.pdf

CHILD ABUSE PREVENTION MONTH

Our agency will be joining forces and promoting the well-being of all children by wearing a **SUPERHERO shirt every Friday in the month of April.**

On April 26th, each center will have a **SUPERHERO parade to show off their Super Capes and spread child abuse awareness to all.**



Let's **F.A.C.E.** The Future of Our Children Together...

Nueces County Community Action Agency Birth – to- Five Head Start Program

FAMILY AND COMMUNITY ENGAGEMENT MINI CONFERENCE

“Families as Learners and Lifelong Educators”



TOPICS:
❖ Healthy Living
❖ I'm Moving, I'm Learning
❖ Early Childhood Transitions
❖ School Readiness
❖ Mental Health
❖ Taking Care of Yourself
❖ Resources in the Community, etc.
We'll learn and have fun at the same time!!!

Thursday, April 11, 2019

8:30 a.m.-2:00 p.m.

NCCAA Training Facility

2801 Morris Street, Corpus Christi, TX 78405

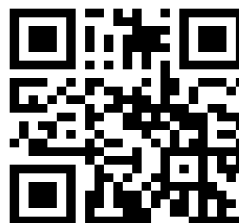
****Breakfast and Lunch will be provided****

Space is limited

Please, R.S.V.P. with your Family Advocate or Site Based Manager



Like us and
follow us on



Nueces County Community Action Agency is on Facebook!!!

To stay informed about upcoming events, important information about Head Start, volunteer opportunities, community resources, etc.

Follow us and “like” our page, invite your friends to “like” us.

We want to hear from you.

Find us on Facebook

Mission Statement:

NCCAA works with partners to apply comprehensive strategies to eliminate the causes of poverty for people of Nueces County.

Declaración de nuestra Misión:

NCCAA trabaja en colaboración con otras agencias en la comunidad para implementar estrategias y eliminar las causas de pobreza entre la población del Condado Nueces.

WHAT IS SHAKEN BABY SYNDROME?

Shaken Baby Syndrome (SBS), also called abusive head trauma, is a form of child abuse. Like the name implies, this kind of abuse involves shaking a baby hard from their shoulders, arms or legs which can cause serious and lifelong damage. The “whiplash” effect from the shaking can cause major damage to a baby’s fragile and still-developing brain, so children under the age of 1 are especially at risk.

Important side note: Not everything that causes a baby’s head to “shake” will cause shaken baby syndrome. For example, playfully tossing a baby in the air or a baby accidentally rolling off a couch or chair won’t cause injuries consistent with abusive head trauma.

The effects of shaken baby syndrome are severe and potentially life-threatening. According to the National Center on Shaken Baby Syndrome, 25% of shaken baby syndrome cases result in death and 80% of non-fatal cases result in lifelong consequences, including learning disabilities, behavior disorders, and decreased brain function.

Shaken Baby Syndrome is Preventable

Fortunately, shaken baby syndrome is 100% preventable. The best way to prevent shaken baby syndrome involves taking two key steps.

First, ensure that all caregivers are aware of the dangers that shaking a baby can have. This includes not only the baby’s parents, but also grandparents, babysitters, siblings, or others who may be involved in the baby’s care. Make sure

Second, ensure that caregivers understand that taking care of a child – no matter how much they love that child – can and will be very frustrating. According to the Centers for Disease Control and Prevention, most cases of shaken baby syndrome occur when a caregiver gets frustrated and loses control, not because caregivers want to purposefully injure a child. But ensuring that parents and caregivers are aware that there will be moments where the frustration boils over isn’t enough without also providing strategies for dealing with that frustration!

For more information on prevention strategies and coping mechanisms visit: <https://preventchildabuse.org/resource/parenting-tip-shaken-baby-syndrome/>

F.A.I.T.H.ful Dads

(Fathers Actively Involved Through Head Start)

Engaged fathers—whether they live with their children or not—contribute to the well-being of their children, their families, and their communities (*Head Start Father Engagement Birth to Five Programming Guide*).

NCCAA Birth-to-Five Head Start is grateful for all the dads, grandpas, uncles, stepdads, etc. that participate in our Program!!!



More pictures in our Facebook page

FAMILY ENGAGEMENT AND SCHOOL READINESS HIGHLIGHTS

IMIL, Spring Break Training, CPR - First Aid Training, Community Gardens, Night at the Museum, parent meetings, etc.!!!

From Early Head Start to Head Start, staff, children and parents learned and had fun at the same time .



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CANTO A LOS NIÑOS is a publication of the Nueces County Community Action Agency Birth-to-Five Head Start Program, 101 South Padre Island Drive, Corpus Christi, Texas 78405, Alma A. Barrera, Chief Executive Officer and Cindy Davila, Birth-to-Five Head Start Director. NCCAA is a private non-profit corporation serving children and families in Nueces County. NCCAA is funded by U. S. Department of Health and Human Services—Administration for Children and Families, Head Start Bureau; and Texas Department of Human Services—Child and Adult Food Program.

NCCAA's Community Services

- ♦ Corpus Christi: Community Action Service Center 361-882-4193
- ♦ Robstown:
NCCAA Rural Service Center 361-387-1527



More pictures in our Facebook page